

Anne Katrin Sommer - 17th February to 13th March 2020

I did my 200h YTT there February 2020 and wouldn't have missed it for the world, it was worth every penny. A magical place in every respect: gorgeous surrounding, beautiful people, delicious food made with love, stellar and well informed teaching. Generally a perfectly nourishing environment for personal growth and development. I feel like I have really into my own as a yoga student and teacher. So much more to learn still but the love and confidence and the inspiration will remain. THANK YOU beautiful people of the Yoga Sutra Shala ♥

(Review left on [Yoga Sutra Shala's Google page](#))